

SwedCham Women4Women Sounding Boards

Your next step for professional growth

Background

At our Women4Women kick-off session in January you shared that you were looking for:

- A mentor programme or buddy system
- A network to lean on for support and sharing, and a basis for growth
- A forum for encouragement and confidence building
- Being inspired and energised from learning about other people's journeys
- The ability to share who you are and what your background is
- A place to ask for help, and to give help
- People with the knowledge and network that you need to access
- "Safe Space" events for a closed group only

The Women4Women Committee has taken all these requests in to consideration and the result is The Sounding Boards initiative. This has been created with the intention to focus on your individual professional challenges.

What We Will Offer

The Sounding Boards will run in small groups of peers, meeting monthly for two hours. It will be a safe and judgement-free setting, offering the space to share and discuss your priorities and challenges. The group will provide feedback, encouragement and the perspective of your peers and the wider network. You will have the opportunity to learn from the issues others are facing and have the platform to share your experiences, knowledge and network to support others.

Programme Structure and Logistics

Registration is open now and closes on October 2nd. The series will include eight participant lead sessions and run from October 2020 to June 2021. Taking in to account the current restrictions, sessions will be both virtual and in person, so you can choose whichever you are most comfortable with. The programme cost is SGD50 for SwedCham Members and SGD80 for non-members.

Each group will consist of up to five members, with a facilitator from the W4W Committee (who will also be a participant in the session). Sessions will be two hours and take place monthly, with exact timings decided within the group. You must be willing to commit to the group over the course of the programme.

Sessions will be structured so that each participant will have the space to explore their own question, challenge or goal at each session. The group will then share their experience, knowledge and reflections to ignite a discussion on each issue to help each individual gain clarity. Each participant will decide on their key action point(s) to take away and reflect back the next month.

